

# OCTOBER 2021

## Breakfast & Lunch Menu

## Elementary & Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
All meals include fruit, milk & juice.				Pillsbury Soft Filled Cinnamon Toast Crunch Bar ----- Stuffed Crust Pepperoni Pizza OR Pepperoni Snack-Timers
Pork Sausage Biscuit 4 ----- Chicken Breast Bites Macaroni & Cheese OR Uncrustables PB&J & String Cheese	Powdered Mini Donuts 5 ----- Soft Tacos w/ Fiesta Rice OR Uncrustables PB&J & String Cheese	Cereal Bar 6 ----- Cheeseburger & Fries OR Uncrustables PB&J & String Cheese	Bacon, Egg & Cheese Biscuit 7 ----- Spaghetti w/ Meat Sauce OR Uncrustables PB&J & String Cheese	Pop-Tart (Assorted) 8 ----- Stuffed Crust Pepperoni Pizza OR Uncrustables PB&J & String Cheese
Sausage & Blueberry Pancake on a Stick 11 ----- Barbecued Chicken Mashed Potatoes & Gravy OR Fruit & Yogurt Plate	Cinnamon Roll 12 ----- <b>Breakfast for Lunch!</b> Cheesy Breakfast Burrito OR Fruit & Yogurt Plate	Cereal (Assorted) 13 ----- Beef Hot Dog on Bun w/ Chili Con Carne OR Fruit & Yogurt Plate	Pillsbury French Toast 14 ----- Asian Chicken Noodle Bowl OR Fruit & Yogurt Plate	Pop-Tart (Assorted) 15 ----- Wild Mike's Cheesy Bites w/ Marinara Dipping Sauce
Confetti Pancakes 18 ----- Eastern Carolina Pork BBQ OR Pepperoni Snack-Timers	NO SCHOOL Teacher Workday	Pop-Tart (Assorted) 20 ----- Chicken & Rice Burrito OR Pepperoni Snack-Timers	Bacon, Egg & Cheese Biscuit 21 ----- Cheeseburger Macaroni OR Pepperoni Snack-Timers	Pillsbury Soft Filled Cinnamon Toast Crunch Bar 22 ----- Stuffed Crust Pepperoni Pizza OR Pepperoni Snack-Timers
Pork Sausage Biscuit 25 ----- Chicken Breast Bites Macaroni & Cheese OR Uncrustables PB&J & String Cheese	Powdered Mini Donuts 26 ----- Soft Tacos w/ Fiesta Rice OR Uncrustables PB&J & String Cheese	Cereal Bar 27 ----- Cheeseburger & Fries OR Uncrustables PB&J & String Cheese	Bacon, Egg & Cheese Biscuit 28 ----- Spaghetti w/ Meat Sauce OR Uncrustables PB&J & String Cheese	Pop-Tart (Assorted) 29 ----- Stuffed Crust Pepperoni Pizza OR Uncrustables PB&J & String Cheese